

BRUNCH MENU

SPIRIT ELEPHANT IS A ZERO-ANIMAL, 100% PLANT-BASED RESTAURANT. WE USE FAMILIAR NAMES FOR REFERENCE ONLY



STARTERS

CAULI-WINGS	17	BACON AND EGG PIZZA	22
Buffalo, BBQ, or mango chili, served with poppyseed ranch, celery and carrot sticks. <i>Sub blue cheese dressing for \$1 gf</i>		Bacon, sunny side up egg, arugula, mozzarella, garlic cashew cream (can be gf)	
HONEY WASABI BRUSSELS	13	CALAMARI FRITTI	17
Roasted sprouts, wasabi glaze, vegan honey, red bell peppers, grilled lemon gf		King oyster mushrooms, pickled pepperoncini and carrots, smoky arrabbiata gf	

SOUPS & SALADS

**ADD: whole chicken breast, grilled or crispy \$8 | ground beef \$4 | blackened tofu \$3 | toasted quinoa \$1 | add avocado \$2*

SOUP DU JOUR	11	FALL HARVEST	18
Chef crafted soup--please ask your server for today's variety		Mixed lettuce, acorn squash, baby figs, carrots, pine nuts, pickled fresno peppers, feta, apple cider vinaigrette gf	
SHAVED BRUSSELS	16	SPIRIT CAESAR	16
Mixed lettuce, cranberries, avocado, toasted pumpkin seeds, mozzarella, pickled onion, radish, heirloom tomato, honey citrus vinaigrette gf		Romaine, house-made garlic croutons, shaved parmesan, black pepper, charred lemon (can be gf)	
		SOUTHWEST	16
		Mixed lettuce, avocado, marinated cauliflower, black beans, baby tomatoes, peppers, onions, cilantro, jalapeño ranch, corn tortilla strips gf	

MAINS

STEAK AND EGGS	39	FRENCH TOAST	19
Ribeye, chimichurri hollandaise, breakfast potatoes, country toast, eggs, <i>choice of scrambled or sunny side up</i>		Berries, powdered sugar, maple syrup, whipped cream	
RANCHERO	18	EGGS BENEDICT	26
Scrambled egg or tofu, potatoes, chorizo, bell peppers, red onion, ranchero sauce, tortilla strips, avocado gf		Egg, hollandaise sauce, bacon, American cheese, avocado, arugula, breakfast potatoes, english muffin <i>Crab Cake Benedict add \$8</i>	
BREAKFAST BURRITO	19	CHICKEN AND WAFFLES	22
Scrambled egg or tofu, chorizo, sour cream, pico de gallo, avocado, tomatillo salsa, spinach tortilla (can be gf)		House buttermilk waffle, Southern fried chicken, whipped maple butter, maple syrup	
BREAKFAST TACOS	16	AMERICAN BREAKFAST	19
Three corn tortilla tacos with scrambled egg or tofu, pickled onion, fresno peppers, shredded cheese, tomatillo salsa <i>add chorizo for \$3 gf</i>		Cheddar omelette, breakfast potatoes, bacon, toast with cherry preserves (can be gf)	
PANCAKES	14	WAFFLE	14
Strawberries or chocolate chips, whipped cream, maple syrup (can be gf)		Buttermilk waffle, strawberries, whipped cream, maple syrup	
PAD THAI	21	BLT SANDWICH	18
Pan-seared blackened tofu, peanuts, edamame, carrot, tamarind, cilantro, bean sprouts <i>spicy upon request, add folded egg \$4 gf</i>		Bacon, lettuce, tomato, mayo, fries or side salad (can be gf)	
FORBIDDEN FALL	23	TUNA SALAD SANDWICH	19
Black rice, pan-seared blackened tofu, avocado, broccoli, acorn squash, cauliflower, toasted quinoa, red pepper, red onion gf		Tuna salad, mayo, lettuce, tomato, fries or side salad	
BLUE CHEESE BOURBON BURGER	24	SOUTHERN FRIED CHICKEN SANDWICH	20
Blue cheese, bourbon-caramelized onion jam, arugula, mayo, fries <i>Sub pommes frites for \$2 (can be gf)</i>		Spicy slaw, house-made pickles, sriracha aioli, fries or side salad (can be gf)	
BACON AND EGG BBQ BURGER	29	AVOCADO TOAST	18
Sunny-side up egg, bacon, American cheese, hickory BBQ sauce, lettuce, tomato, fries <i>Sub pommes frites for \$2 (can be gf)</i>		Country loaf, smashed avocado, feta, heirloom tomato, cucumber, pickled fresnos, pickled onion, radish, balsamic drizzle (can be gf)	
		CRAB CAKE SANDWICH	20
		Spicy slaw, pickled fresno peppers, sriracha aioli (can be gf)	

SIDES

Breakfast potatoes - diced potatoes, bell peppers, parmesan	8
Spicy Broccoli	8
Pommes Frites	8
Side of Fruit	8
2 Scrambled Eggs	8
Side Bacon	8
Toast with Butter and Jam	6

Eat Plants Feel Beautiful

We serve delicious plant-based food and drink which does a world of good for the planet, your health and for animals. Thank you for helping make the world a little more beautiful.

20% gratuity added for parties of 6 or more

gf = gluten free

Allergies? Please let your server know--we can not certify against cross-contamination.

DESSERTS

BREAD PUDDING	14
Warm caramelized bread, coconut, cinnamon, nutmeg, cranberries, caramel, vanilla gelato	
BROWNIE BLISS	13
Warmed double chocolate brownie, vanilla gelato, cherry preserves, chocolate sauce gf	
CARROT CAKE	13
Cream cheese frosting, pecans, carrot coulis	
PUMPKIN CHEESECAKE	14
Creamy, cashew-based pumpkin cheesecake, toasted pumpkin seeds and whipped cream gf	
MAMMOTH CINNAMON ROLL	12
Cinnamon dust and cream cheese glaze	