



BRUNCH MENU

ZERO-ANIMAL, 100% PLANT-BASED RESTAURANT.
WE USE FAMILIAR NAMES FOR REFERENCE ONLY

STARTERS

- CAULI-WINGS** 17
buffalo, mango-chili, bbq, or garlic parmesan;
carrot, celery, poppy seed ranch *gf*
- MARYLAND CRAB CAKES** 16
artichoke heart, heart of palm, chickpea,
panko, spicy slaw, roasted red pepper aioli
gf
- CALAMARI FRITTI** 18
king oyster mushroom, pickled pepperoncini,
carrot, marinara arrabbiata *gf*

SOUP & SALADS

- SOUP DU JOUR** 11
please ask your server about our soup of the day
- *ADD: chicken breast, grilled or crispy +8 | ground Impossible™ beef +6 | pan-seared tofu +3 | avocado +2*

- SOUTHWEST** 17
mixed greens, avocado, black bean, pickled fresno pepper,
baby heirloom tomato, pickled onion, mango salsa, tortilla
strips, cilantro, jalapeño ranch *gf*
- SPIRIT CAESAR** 16
romaine lettuce, garlic croutons, shaved parmesan, charred
lemon, caesar dressing *can be gf*
- KALE FETA BEET** 21
kale, romaine, roasted beets, roasted squash, avocado,
garbanzo beans, feta, smoky crispy quinoa, apple cider
vinaigrette *gf*

MAINS

- RANCHERO BOWL** 18
scrambled egg or tofu, potato, chorizo, bell pepper, red
onion, ranchero salsa, tortilla strips, avocado, cilantro *gf*
- CINNAMON ROLL PANCAKES** 19
Cinnamon, brown sugar, cream cheese whip
- LOADED BREAKFAST SKILLET** 21
Impossible™ beef, potato, cheddar, mozzarella, red
onion, red pepper, sunny side up egg, sourdough toast
*can be gf**
- BLT SANDWICH** 19
bacon, lettuce, tomato, lemon aioli, sourdough, fries
or side salad
- FRIED CHICKEN AND WAFFLES** 22
southern fried chicken, whipped maple butter, maple
syrup, honey drizzle
- MIXED BERRY FRENCH TOAST** 19
Thick-cut Texas toast, mixed berries, whipped cream
- EGGS BENEDICT** 27
scrambled egg, hollandaise, bacon, american cheese,
avocado, arugula, english muffin, breakfast potatoes
- CRAB CAKE BENEDICT** 34
scrambled egg, hollandaise, crabcake, arugula, english
muffin, breakfast potatoes
- AVOCADO TOAST** 16
smashed avocado, feta, fresno pepper, arugula, baby
heirloom tomato, balsamic drizzle *can be gf**
- STEAK AND EGGS** 34
chimichurri hollandaise, breakfast potatoes, sourdough
toast, scrambled or sunny side up egg

SIDES

- BREAKFAST POTATOES** bell peppers and parmesan *can be gf** 7
- POMMES FRITES** *can be gf* 10
- SIDE OF FRUIT** *gf* 8
- SCRAMBLED EGGS** *gf* 8
- SIDE OF PANCAKES** *can be gf* 10
- SOURDOUGH TOAST** butter, jam 7
- SUNNY SIDE UP EGGS** *gf* 9
- SIDE OF BACON** *gf* 9

DESSERTS

- SPICED APPLE CRUMBLE** 16
oat crumble, cinnamon spiced apple, vanilla gelato
- CARROT CAKE** 13
cream cheese frosting, pecan, carrot coulis
- SEASONAL CHEESECAKE** 14
creamy cashew-based seasonal cheesecake
- MAMMOTH CINNAMON ROLL** 13
cinnamon dust, cream cheese glaze

gf = gluten free

** = can be gluten free at a possible upcharge*

To help offset rising restaurant costs, a 3% surcharge is being added to all checks. You may request to have this taken off your bill.

Allergies? Please let your server know. We cannot certify against cross-contamination.
20% gratuity added for parties of 6 or more

Eat plants feel beautiful®

